



Abortion Conversation Projects

THIS ISN'T MY FIRST ABORTION

About half of us who are having an abortion have already had one or more. Ovulation (the release of an egg) can happen up to 400 times in a lifetime. That is a lot of times when it's possible to get pregnant!

A MATTER OF BIOLOGY

The sperm and egg come together if they can—that's just biology. This can happen regardless of whether you are ready, want or are able to have a(nother) baby; whether the other person



involved is someone you trust, love and want to parent with; whether you are healthy enough; and whether the situation is a good one. And it can happen whether or not you have already had abortions.

COMPASSION FOR OURSELVES

We are often our own hardest critics but the truth is that we are all human! All any of us can do in life is to handle what is in front of us the best we can and make the best choices we can.



Pregnancy can transform your life in countless ways. At different moments in your life, you may experience pregnancy differently. No one knows your life better than you. We know you are the best judge of when - or if- you become a parent.

Produced by Abortion Conversation Projects with gratitude to 2+ Abortions Worldwide for inspiring us and leading the vital conversation to destigmatize the experience of having more than one abortion.

For more information about our work, please visit:
www.2plusabortions.com
www.abortionconversationprojects.org